

Law of Attraction Planner

Simply put, the Law of Attraction is the ability to attract into our lives whatever we are focusing on.

The Law of Attraction which uses the power of the mind to translate whatever is in our thoughts and materialize them into reality. If you focus on negative doom and gloom you will remain under that cloud. If you focus on positive thoughts and have goals that you aim to achieve you will find a way to achieve them. The Law of Attraction dictates that whatever can be imagined and held in the mind's eye is achievable if you take action on a plan to get to where you want to be.

Very few people are fully aware of how much of an impact the Law of Attraction has on their day to day life. Whether we are doing it knowingly or unknowingly, every second of our existence, we are acting as human magnets sending out our thoughts and emotions and attracting back more of what we have put out. Unfortunately, so many of us still blind to the potential that is locked deep within us. Consequently, it is all too easy to leave your thoughts and emotions unchecked. This sends out the wrong thoughts and attracts more unwanted emotions and events into your life.

Having said this, discovering that the Law of Attraction is at work within your life should be a great cause for celebration! Once you have learned how to effectively apply these to your everyday life, your entire future is yours to create.

The Science Behind The Law Of Attraction: Fact, Not Fiction

The work of quantum physicists during recent years has helped to shine greater light on the incredible impact that the power of the mind has on our lives and the universe in general. The more that this idea is explored by scientists and great thinkers alike, the greater an understanding we have on just how significant a role the mind plays in shaping our lives and the world around us. The more time you dedicate to learning how to use the Law of Attraction effectively, the more fulfilling and rewarding your life can be. There are no restrictions! Open your mind and enjoy the natural abundance of the Universe.

Here are just a few areas in your life that you could improve by utilizing The Law Of Attraction.

- Manifest Love And Relationships With The Law Of Attraction
- Attract Money And Wealth Using The Law Of Attraction
- Improve Your Mental And Physical Health
- Increase Your Self-Confidence And Combat Anxiety
- Get Fit, Lose Weight And Have A More Mindful Diet
- Attract Success And Abundance With The Law Of Attraction

How To Start Using The Law Of Attraction Today

If you are ready to [manifest the life of your dreams](#), use the following worksheets to identify your goals. Then use the planners at the end to keep these goals at the front of your mind so you can start achieving your desires.

Where are you now?

Rate yourself on a scale of 1-10 in each of these main areas of your life.

	1	2	3	4	5	6	7	8	9	10
Family + Friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Spirituality	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Finances	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Career	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationship	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fun + Recreation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Environment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Health + Fitness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Family & friends

What are you grateful for with your family + friends?

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How would it look for you to rate this area of your life higher?

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What can you begin implementing now to help you to manifest all you desire in this area?

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What are you grateful for with money?

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How would it look for you to rate this area of your life higher?

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What can you begin implementing now to help you to manifest all you desire in this area?

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Career

What are you grateful for in your career?

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How would it look for you to rate this area of your life higher?

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What can you begin implementing now to help you to manifest all you desire in this area?

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Relationships

What are you grateful for in your relationship?

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How would it look for you to rate this area of your life higher?

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What can you begin implementing now to help you to manifest all you desire in this area?

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Leisure activities

What are you grateful for in your leisure activities?

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How would it look for you to rate this area of your life higher?

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What can you begin implementing now to help you to manifest all you desire in this area?

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Health and fitness

What are you grateful for in your health & fitness?

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How would it look for you to rate this area of your life higher?

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What can you begin implementing now to help you to manifest all you desire in this area?

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Spirituality

What are you grateful for in your spirituality?

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How would it look for you to rate this area of your life higher?

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What can you begin implementing now to help you to manifest all you desire in this area?

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Your environment

What are you grateful for in your environment?

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How would it look for you to rate this area of your life higher?

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What can you begin implementing now to help you to manifest all you desire in this area?

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My visions

Write your KEY desires right now, in each of these areas.

<i>Friends & Family</i>	<i>Money</i>
<i>Career</i>	<i>Relationships</i>
<i>Leisure</i>	<i>Health & Fitness</i>
<i>Spirituality</i>	<i>Environment</i>

Weekly Planner – what you will do each day to work towards your perfect life

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEKEND

TOP GOALS THIS WEEK

- 1
- 2
- 3
- 4
- 5

NOTES

Notes section with horizontal lines for writing.

Daily Planner

Affirmations

Today's Goals

Schedule

To-Do

Notes / ideas

Reflections

